

CLOTHING AND EQUIPMENT LIST

– BASE CAMP WITH SNOW VISIT –

The packing list below includes everything that you need to bring on camp. The list has been designed to take into account two main factors. These are:

- 1: Having the correct clothing for activities
- 2: Making your bag light enough so that you will be able to carry it. (You will need to carry your bag to your room upon arrival)

It contains everything you will need to keep you warm, comfortable and safe for your time away.

Activity Specific Items - any activity specific items are labelled with a *. Check if you need these items or not by referring to your program outline to see if you are doing that activity.

If there is anything on this list you do not have or can't find, contact your friends or teachers to see if arrangements can be made for you.

Please remember that these are adventure activity programs and not a fashion parade. It is not recommended that you bring expensive brand name clothing as it may get dirty or stained.

Being on camp is a very exciting part of being at school and we understand that you may wish to bring some treats with you. Please be aware we are a nut free provider camp.

The List is split into 4 categories:

Clothing - This is the clothing that you will need for the week.

Bedding - What you will Sleep in

Personal Items - Items you may require for yourself for the week

Water* or Snow* Activities - Items you will need if you are doing these activities on camp

There is a Tick Column provided so you can tick items off as you pack them

CLOTHING

✓ #	ITEM	DESCRIPTION
2	Jumper	Polar Fleece or Wool keep you warmer if you get wet
3-4	T-shirt	
2	Long Pants	No tight jeans. Pants must be comfortable.
2	Shorts	Need to be at least mid-thigh length as when you wear a harness they will ride up
1p/day	Underwear	1 per day
1p/day	Socks	1 per day only
	Sun Hat	Broad rimmed hats are most effective sun protection
	Beanie	Polar fleece or wool are warmer
	Walking Shoes	A pair of shoes that are comfortable to walk in. Thongs and slippers are fine for inside buildings, but can't be worn outside for activities.
	Gloves	Light weight warm gloves are a good idea in winter (Optional)
1	PJ's	Something comfortable to sleep in

BEDDING

✓	ITEM	DESCRIPTION
	Sleeping Bag	IMPORTANT
	Pillow Slip	(Not a Pillow) We provide pillows

PERSONAL ITEMS

✓	ITEM	DESCRIPTION
	Toothbrush & Paste	You still need to brush your teeth on camp
	Soap / Shampoo	
	Towel	For shower
	Sunscreen	Roll-on are great for quick application and come in travel size
	Insect Repellent	Optional
	Plastic bags	For wet or dirty clothing
	Camera	Make sure it is damage proof or expendable
	Diary / Journal	For recording your experiences on camp - don't forget a pen
	Torch	Great for night activities

WATER ACTIVITIES (*)

✓	ITEM	DESCRIPTION
	Bathers	Be Sun Smart when it comes to bathers. You will need to cover up when doing some activities such as canoeing, sailing etc. With surfing and rafting activities we provide wetsuits.
	Long sleeve shirt/Rash vest	For sun protection while on the water
	Board short	Quick dry material. Preferable longer to protect your upper legs from the sun if you are going to be sitting down in watercrafts.
	Towel	Small towel, not a massive beach towel. Microfibre towels are great as they are light, absorbent and dry quickly.
	Wet Shoes	These are a pair of old shoes that are able to get wet but will not fall off your feet if you are in the water or step in mud etc. No Thongs or Velcro Sandals/Shoes

SNOW VISIT(*)

✓	ITEM	DESCRIPTION
	Set of Thermals	Top and bottom to wear under clothing. Polypro or wool are best
	Gloves	Waterproof Gloves that are easy to put on by yourself
	Shoes	They need to be very sturdy with good grip. No gumboots as the rubber freezes
	Scarf	Wool is the warmest. Neck-warmers are also good
	Snow Clothing	Warm waterproof jacket and pants. See if you can borrow from friends/family if you don't have anything adequate. Many outdoor stores do hire clothing for snow visits.