

CLOTHING AND EQUIPMENT LIST

– BASE CAMP –

The packing list below includes everything that you need to bring on camp. The list has been designed to take into account two main factors. These are:

- 1: Having the correct clothing for activities
- 2: Making your bag light enough so that you will be able to carry it. (You will need to carry your bag to your room upon arrival)

It contains everything you will need to keep you warm, comfortable and safe for your time away.

Activity Specific Items - any activity specific items are labelled with a *. Check if you need these items or not by referring to your program outline to see if you are doing that activity.

If there is anything on this list you do not have or can't find, contact your friends or teachers to see if arrangements can be made for you.

Please remember that these are adventure activity programs and not a fashion parade. It is not recommended that you bring expensive brand name clothing as it may get dirty or stained.

Being on camp is a very exciting part of being at school and we understand that you may wish to bring some treats with you. Please be aware we are a nut free provider camp.

The List is split into 4 categories:

Clothing - This is the clothing that you will need for the week.

Bedding - What you will Sleep in

Personal Items - Items you may require for yourself for the week

Water Activities - Items you will need if there are water activities included in the program.

There is a Tick Column provided so you can tick items off as you pack them

CLOTHING

| ✓ # | ITEM | DESCRIPTION |
|--------|---------------|---|
| 2 | Jumper | Polar Fleece or Wool keep you warmer if you get wet |
| 3-4 | T-shirt | |
| 2 | Long Pants | No tight jeans. Pants must be comfortable. |
| 2 | Shorts | Need to be at least mid-thigh length as when you wear a harness they will ride up |
| 1p/day | Underwear | 1 per day |
| 1p/day | Socks | 1 per day only |
| | Sun Hat | Broad brimmed hats are most effective sun protection |
| | Beanie | Polar fleece or wool are warmer |
| | Walking Shoes | A pair of shoes that are comfortable to walk in. Thongs and slippers are fine for inside buildings, but can't be worn outside for activities. |
| | Gloves | Light weight warm gloves are a good idea in winter (Optional) |
| 1 | PJ's | Something comfortable to sleep in |

BEDDING

| ✓ | ITEM | DESCRIPTION |
|---|--------------|-----------------------------------|
| | Sleeping Bag | IMPORTANT |
| | Pillow Slip | (Not a Pillow) We provide pillows |

PERSONAL ITEMS

| ✓ | ITEM | DESCRIPTION |
|---|--------------------|---|
| | Toothbrush & Paste | You still need to brush your teeth on camp |
| | Soap / Shampoo | |
| | Towel | For shower |
| | Sunscreen | Roll-on are great for quick application and come in travel size |
| | Insect Repellent | Optional |
| | Plastic bags | For wet or dirty clothing |
| | Camera | Make sure it is damage proof or expendable |
| | Diary / Journal | For recording your experiences on camp - don't forget a pen |
| | Torch | Great for night activities |

WATER ACTIVITIES (*)

| ✓ | ITEM | DESCRIPTION |
|---|-----------------------------|---|
| | Bathers | Be Sun Smart when it comes to bathers. You will need to cover up when doing some activities such as canoeing, sailing etc. With surfing and rafting activities we provide wetsuits. |
| | Long sleeve shirt/Rash vest | For sun protection while on the water |
| | Board short | Quick dry material. Preferable longer to protect your upper legs from the sun if you are going to be sitting down in watercrafts. |
| | Towel | Small towel, not a massive beach towel. Microfibre towels are great as they are light, absorbent and dry quickly. |
| | Wet Shoes | These are a pair of old shoes that are able to get wet but will not fall off your feet if you are in the water or step in mud etc. No Thongs or Velcro Sandals/Shoes |