



ABN 82059945005

1034 Heidelberg Rd, Ivanhoe, Vic. 3079

Tel: (03) 9497 2899 Fax: (03) 9497 4299

## CHARNWOOD SUMMER CAMP 2009

### WHAT IS CHARNWOOD SUMMER CAMP?

**Charnwood Summer Camp** is in the Strathbogie Ranges between Mansfield and Benalla. It is an ideal location to spend summer with the Strathbogie Ranges to explore and Lake Nillahcootie a short drive away.

Charnwood is the name of the property which hosts a large accommodation centre surrounded by native vegetation and wild life. Set on 200 acres it provides plenty of space for your children to explore in a safe and supervised manner.

Our aim through **Charnwood Summer Camp** is to provide your child with a safe, fun, and exciting environment to spend summer with friends they know and make along the way. With an array of challenging, adventurous, and fun activities we aim to provide your child with an experience they'll remember. You can also join the summer adventures with your child on Sunday family Days and be part of their summer memories at Charnwood.

### WHO ARE AUSCAMP?

**Auscamp** began in May 1986 and has since been a major provider of outdoor education and recreational programs in Victoria. We have worked with numerous schools to provide everything from equipment hire, Duke of Education style programs through to sequentially based, individually designed, full school programs and now summer camps. To achieve the delivery of this amazing range of programs we have an enthusiastic and dedicated number of qualified staff who work tirelessly to help provide and achieve an outstanding, quality product, and provide a positive experience for your child. Auscamp is fully insured and is the only service provider in Victoria to successfully complete the Australian Camping Association Accreditation Program for service providers. Our programs are designed with safety and risk minimization as our primary focus and we have a state of the art communication system and 4WD support on site.

### STAFF

**Charnwood Summer Camp** is staffed by qualified teachers, outdoor education/recreation trained mentors and an onsite nurse who deals with any medical issues or emergencies. Upon arrival your child will be placed in a group of similarly aged children with a trained mentor. The mentor will be there to support your child for their entire stay at **Charnwood Summer Camp**. Your child's mentor will manage your child's social welfare while at **Charnwood Summer Camp**. Their role is to help your child feel at home, encourage and support them, ensure they are enjoying themselves, get them up in the morning, make sure everyone knows where they are going throughout the day, helping to resolve any conflict or disagreements, and ensuring that your child gets to bed at a reasonable hour.

### FOOD

We offer an assortment of fresh home cooked meals for your child with a varied menu to ensure no one gets bored with the food. A typical breakfast will include a choice of cereals, toast, fruit, juice, eggs, bacon, beans, spaghetti, and pancakes. Lunches include a selection of salads, meat, rolls, sandwiches, cordial, cake and soup. Evening meals consist of everything from roast chicken and vegetables to lasagna, and barbeques, the list is endless. Snacks are provided throughout the day including fruit, cake, muesli bars, and biscuits. Morning tea, afternoon tea and desert will be available everyday as well. We can provide for any special dietary requirements.



## TRANSPORT

**Charnwood Summer Camp** will provide transport to and from **Charnwood Summer Camp** via a coach or mini bus service weekly. We can also provide an escort to travel with your child once a week on the VLine train from Melbourne to Benalla where your child and the escort will be met with a mini bus to take them to **Charnwood Summer Camp**. We will give you final transport details once all applications have been received and processed. If you would like to drop and pick up your child yourself you are welcome and we will be more than happy to send you comprehensive directions.

## SLEEPING ARRANGEMENTS

**Charnwood Summer Camp** is for both male and females. Summer campers will participate in activities, eat in the dining hall, and can socialize in the common areas together. Male and female summer campers will have their own accommodation buildings with rooms and bathrooms that are completely detached and separate from each other. **Charnwood Summer Camp** staff will stay in rooms in these same buildings supervising them throughout the day and night. At no time are there to be any females within the male accommodation building and like wise there are to be no males in the female accommodation building. If a male or female are found in the accommodation building of the opposite sex they will be given one warning, if they are found again in the wrong accommodation building a phone call home will be made, if the issue arises again with the same participant a final decision will be made regarding whether this participant remains at summer camp after discussion with the participant, their parents/guardians, and the summer camp manager.

## AUSCAMPS EXPECTATIONS

**Charnwood Summer Camp** staff want your child to have a summer adventure they will remember. In order for our staff to achieve this we ask that all participants come prepared with a positive attitude ready to have fun and abide by some simple rules.

1. We expect all summer campers to participate in an activity during each time slot.
2. To respect the **Charnwood Summer Camp Rule** that no alcohol, tobacco, or drugs are to be brought onto or consumed during summer camp, participants will be sent home at their own expense.
3. Treat other summer campers with respect and to understand that any bullying, physical or verbal fighting will not be tolerated and participants will be sent home at their own expense.

## ACTIVITIES

**Charnwood Summer Camp** has a myriad of activities run by trained and qualified staff for your child to participate in including;

- General ball games (soccer, football, cricket, etc)
- Overnight Campouts
- Mountain bike riding
- Frisbee golf
- Candle making
- Badge Making
- Drama and Dance
- Fishing
- Arts and Craft
- Charnwood Radio Station
- Charnwood local News
- Canoeing
- Photography
- Sailing
- Abseiling & Rock-climbing
- Volleyball
- Campfires
- Night time activities (Mystery hunts, walks, campfire, star gazing)
- Movie Nights in the Outdoor Cinema
- Orienteering
- Nature walks and Bushwalks
- Camp Cooking
- Fitness (yoga, running, balance)
- Musical Theatre
- Inflatable water activities
- Jewellery Making
- Ceramics
- River Sledding
- Day trips and extended stays to Mt. Buller



**TYPICAL DAY AT CHARNWOOD**

A typical day at **Charnwood Summer Camp** might look like this;

Time	Typical Day At Charnwood
8.00am	Morning Yoga, run, balance
8.20am	Breakfast open, runs till 9.15am
9.15am	Cabin Inspection
9.30am to 12.15am	Abseiling Mt. Bike riding Photography Jewellery making Volley Ball <span style="float: right;">} Choose 1 activity</span>
12.30pm	Buffet Lunch
1.30pm	Rest Period (own time)
2.30pm to 5.30pm	Canoeing Inflatable water activities Musical Theatre Ceramics Fishing <span style="float: right;">} Choose 1 activity</span>
5.30pm	Free Time
6.00pm	Dinner
7.00pm	Movie Night in the Outdoor Cinema
<b>10.00pm</b>	<b>Back to Cabins</b>

**DATES**

**Charnwood Summer Camp 2009** will open its gates on the **3rd January 2008** and close them again on the **27th January 2009** a total of 25 days. You can stay for 5, 7, 25 days or anywhere in between. Your child can come for a week, go home for a week and then return the following week. You choose when and for how long.

**COST**

<b>5 Days</b>	<b>\$670</b>
<b>7 Days</b>	<b>\$850</b>
<b>Extra Days</b>	<b>\$120</b>
<b>Transport</b>	<b>\$40</b>

This price includes accommodation, food, all activities, and a **Charnwood Summer Camp** T-Shirt.

For each day your child stays after 7 days the price is \$120 / extra day.

For more information or to make a booking please call us on **9497 2899** or Email us at [info@auscamp.com.au](mailto:info@auscamp.com.au)

Visit our Web site [www.auscamp.com.au](http://www.auscamp.com.au) and follow the links to the **Charnwood Summer Camp Page**

**CHARNWOOD SUMMER CAMP 2009 PARENT/GUARDIAN PERMISSION FORM****ACTIVITIES**

Please place a **X** in the boxes **that you give consent for you child to participate in** while attending **Charnwood Summer Camp**. Activities that are in **Bold** text are daily activities, all other activities will be ran in a cycle of ten activities to choose from per day.

- |  |   |
|--|---|
| <input type="checkbox"/> Ball games (soccer, football, cricket)                    | <input type="checkbox"/> Mountain bike riding           |
| <input type="checkbox"/> Overnight Campouts  | <input type="checkbox"/> Frisbee golf                   |
| <input type="checkbox"/> Campfires   | <input type="checkbox"/> Candle making                  |
| <input type="checkbox"/> Night time activities (Mystery hunts, walks, star gazing) | <input type="checkbox"/> Badge Making                   |
| <input type="checkbox"/> Movie Nights in the Outdoor Cinema                        | <input type="checkbox"/> Drama and Dance                |
| <input type="checkbox"/> Orienteering  | <input type="checkbox"/> Fishing                        |
| <input type="checkbox"/> Nature walks and Bushwalks                                | <input type="checkbox"/> Arts and Craft                 |
| <input type="checkbox"/> Camp Cooking  | <input type="checkbox"/> <b>Charnwood Radio Station</b> |
| <input type="checkbox"/> <b>Fitness (yoga, running, balance)</b>                   | <input type="checkbox"/> <b>Charnwood Local News</b>    |
| <input type="checkbox"/> Musical Theatre   | <input type="checkbox"/> Canoeing                       |
| <input type="checkbox"/> Inflatable water activities                               | <input type="checkbox"/> Photography                    |
| <input type="checkbox"/> Jewellery Making  | <input type="checkbox"/> Sailing                        |
| <input type="checkbox"/> Ceramics  | <input type="checkbox"/> Abseiling & Rock-climbing      |
| <input type="checkbox"/> River Sledding  | <input type="checkbox"/> Volleyball                     |
| <input type="checkbox"/> Day trips to Mt. Buller                                   |   |

**STUDENT BEHAVIOUR**

I understand that in the event of my son/daughters misbehaviour or behaviour that poses a danger to himself/herself or others during their time at **Charnwood Summer Camp** he/she may be sent home. I further understand that in such circumstances I will be informed and that any costs associated with his/her return will be my responsibility.

**ICT/PHOTOGRAPHY CONSENT**

I consent to my child being photographed and/or visual images of my child being taken during activities by **Charnwood Summer Camp** for use in **Charnwood Summer Camp** publications, website or for publicity purposes without acknowledgement and without being entitled to remuneration or compensation.

**CONSENT FOR EMERGENCY TRANSPORTATION**

In the event of an emergency I consent to my child being transported in a privately owned vehicle driven by a staff member of **Charnwood Summer Camp**.

**STUDENT ACCIDENT INSURANCE**

**Charnwood Summer Camp** does not provide student accident cover. Parents may wish to obtain accident insurance cover from a commercial insurer, depending on their health insurance arrangements and any other personal considerations.



ABN 82059945005

1034 Heidelberg Rd, Ivanhoe, Vic. 3079

Tel: (03) 9497 2899 Fax: (03) 9497 4299

## PARENT/GUARDIAN CONSENT FORM

I have read all of the above information provided by **Charnwood Summer Camps** in relation to the **Charnwood Summer Camp 2009** including any attached material.

I give permission for my son/daughter \_\_\_\_\_ (full name) to attend **Charnwood Summer Camp 2009**.

Parent/Guardian: \_\_\_\_\_ (Print full name)

\_\_\_\_\_  
(Signature)

Date: \_\_\_\_\_

In case of an emergency I can be contacted on:

Ph: \_\_\_\_\_

Mobile: \_\_\_\_\_

Work: \_\_\_\_\_

**Note:** Parents/Guardians should also complete the 'confidential medical information form.'

Please indicate when and for how long your child will attend **Charnwood Summer Camp**.

- 7 Days                       15 Days                       25 Days  
 Other (please specify)

\_\_\_\_\_  
\_\_\_\_\_

Please tick which form of transport you are considering most likely for your child to arrive at **Charnwood Summer Camp**.

- Coach/Mini Bus Service                       VLine Train                       Own Transport

Please indicate what size T-shirt your child fits: \_\_\_\_\_

Would you like to purchase an optional Charnwood Summer Camp Hooded Jumper? Yes  No

If yes please indicate what size: \_\_\_\_\_

Will you be attending a Sunday Family Day? Yes  No  Date: \_\_\_\_\_

(You can attend as many family Days as you wish)



1034 Heidelberg Rd, Ivanhoe, Vic. 3079

ABN 82059945005

Tel: (03) 9497 2899 Fax: (03) 9497 4299

### CONFIDENTIAL MEDICAL INFORMATION FOR CHARNWOOD SUMMER CAMP

**Charnwood Summer Camp** will use this information if your child is involved in a medical emergency. All information is held in confidence. This medical information must be current when your child attends **Charnwood Summer Camp 2009**.

Parents are responsible for all medical costs if their child is injured during **Charnwood Summer Camp** unless **Charnwood Summer Camp** is found liable (liability is not automatic).

Students full name: \_\_\_\_\_ School: \_\_\_\_\_

Students address: \_\_\_\_\_  
Post Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian full name: \_\_\_\_\_

Name of person to contact in an emergency (if different from the parent/Guardian):  
\_\_\_\_\_

Emergency telephone numbers: *After hours* \_\_\_\_\_ *Business hours* \_\_\_\_\_

Name of family doctor: \_\_\_\_\_  
Address of family doctor: \_\_\_\_\_

Medicare number: \_\_\_\_\_

Medical/hospital insurance fund: \_\_\_\_\_ Member number: \_\_\_\_\_

Ambulance subscriber? Yes  No  If yes ambulance number: \_\_\_\_\_

Is this the first time your child has been away from home? Yes  No

**Please tick if your child suffers from any of the following:**

- |   |  |   |                                    |
|---|--|---|------------------------------------|
| <input type="checkbox"/> Asthma (if ticked complete Asthma Management Plan) | <input type="checkbox"/> Bed wetting     |   |                                    |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Dizzy spells    | <input type="checkbox"/> Heart condition  | <input type="checkbox"/> Migraine  |
| <input type="checkbox"/> Sleepwalking                                       | <input type="checkbox"/> travel sickness | <input type="checkbox"/> Fits of any kind | <input type="checkbox"/> Blackouts |
| <input type="checkbox"/> Other: _____                                       |  |   |                                    |

**Swimming Ability**

Please tick the distance your child can swim comfortably:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Cannot Swim (0m)             | <input type="checkbox"/> Weak Swimmer (<50m)    | <input type="checkbox"/> Fair Swimmer (50-100m) |
| <input type="checkbox"/> Competent Swimmer (100-200m) | <input type="checkbox"/> Strong Swimmer (200m+) |   |



ABN 82059945005

1034 Heidelberg Rd, Ivanhoe, Vic. 3079

Tel: (03) 9497 2899 Fax: (03) 9497 4299

### Allergies

Please tick if your child is allergic to any of the following:

- Penicillin  Other Drugs \_\_\_\_\_
- Foods \_\_\_\_\_
- Other Allergies \_\_\_\_\_

What special care is recommended for these allergies? \_\_\_\_\_

\_\_\_\_\_

Year of last Tetanus immunization: \_\_\_\_\_  
(Tetanus immunization is normally given at five years of age and at fifteen years of age).

### Food Requirements

- Vegetarian  Wheat free  Gluten free  
 Dairy free  Vegan  Nut free

### Medication

Is your child taking any medicine(s)? Yes  No

If yes, provide the name of medication, dose and describe when and how it is to be taken.

\_\_\_\_\_

\_\_\_\_\_

All medication must be given to the **Charnwood Summer Camp** Nurse. All containers must be labeled with your child's name, the dose to be taken as well as when and how it should be taken. The medications will be kept by your child's guide/mentor and distributed as required. Inform the nurse if it is necessary or appropriate for your child to carry their medication (for example asthma pumps or insulin for diabetics). A child can only carry medication with the knowledge and approval of both the nurse and yourself.

### Medical Consent

Where the Nurse/Summer Camp Manager of **Charnwood Summer Camp** is unable to contact me, or it is otherwise impractical to contact me, I authorize the Nurse/Summer Camp Manager and guide/mentor to;

- Consent to my child receiving any medical or surgical attention deemed necessary by a medical practitioner.
- Administer such first aid as the Nurse/Summer Camp Manager and guide/mentor judges to be reasonably necessary.

Signature of Parent/Guardian (named above):

Date:



## CLOTHING AND EQUIPMENT LIST

Summer in the Strathbogie Ranges can be very warm, so it is important to come prepared. Below is a recommended list of items to bring along to **Charnwood Summer Camp 2009**. We want you to enjoy yourself but to also have clothing that will protect you from the hot sun and any cool change in the weather that may occur.

**Note: Students must not bring alcohol, cigarettes, medication not documented on the medical form, or illegal substances. Any students found in possession of these items will be sent home at their own expense.**

### Essential clothing and equipment all students must bring:

- Sun hat (not to be worn under helmets)
- Sleeping bag (compact 3 season)
- Water bottle (2Lt)
- Warm jumper (Polar fleece)

### Other Clothes

- Long pants
- Windcheaters
- Shorts
- Swimmers/bathers
- Socks
- 2 Towels (1 for swimming, 1 for showering)
- 2 pair sneakers (1 x old for water activities)
- Long sleeve warm shirts or thermal tops
- Woolen/polar fleece jumper (at least one)
- Light cotton long sleeve shirt
- T-shirts
- Changes of underwear
- Thongs

### Sleeping

- Sleeping bag
- Doona
- Pillow
- Pajamas

- Soap
- Toothbrush and toothpaste
- Shampoo/conditioner
- Deodorant (roll on only)

### Toiletries

- Sunscreen
- Insect repellent

### Personal equipment

- Torch
- Personal medical requirements
- Camera
- iPod/MP3 player
- Sunglasses
- Spending Money
- Mobile Phone (optional)
- Dress up clothes for theme nights (see activity information for themes)

### Notes

- All personal items and baggage should be clearly marked with the owner's name.
- **No responsibility** will be taken for any **loss or damage to personal belongings** including MP3 players, mobile phones, iPods, cameras, laptops, etc.
- As a health precaution students are **advised not to bring aerosol propellant cans e.g. deodorant sprays**, as these can cause issues for those suffering asthma and other allergies.

**WHERE CHARNWOOD IS LOCATED**

